



COOKING CLASSES

AT SUR LA TABLE

Ingredient Shopping List

Shopping per student.

Produce

- 1-2 celery stalks
- 3 green onions
- 1 bell pepper, any color
- 1 jalapeno
- 1 small navel orange
- 1 plum or roma tomato
- 3 garlic cloves
- ¼ bunch flat-leaf parsley
- 1 small onion
- 1 large carrot

Equipment Needed

Cutlery

- Chefs knife
- Cutting board

Bakeware

- Mixing bowls, various sizes